



Do you work with children and youth?

If yes, register for CEI's free training series:

Empowering Adults to Help Students Succeed

Build Adult Resilience, Trauma-Informed Practices, and Positive Youth Relationships.

For questions please contact Carly Schwab, Strategy Specialist, School Implementation and Partnership at CSchwab@coloradoedinitiative.org.

*These sessions are currently offered in English. Please contact Carly at CSchwab@coloradoedinitiative.org if you are interested in sessions in Spanish, or if you are interested in hosting an in-person event covering all three sessions (3.5 hours) for 20+ participants.

*Continuing education credits are available

Empowering Adults to Help Students Succeed

This social emotional learning training series is open to all those who work inside schools and to others who connect with and support children and youth in their community. Across three stand-alone sessions, you can learn how trauma influences behavior in young people, developing adult resilience, and the five core elements of relationships that accelerate social, emotional, and academic growth.

The sessions will be offered virtually with sessions from 4-5 p.m. and 2-3 p.m. via Zoom during the dates listed below.

Building Capacity to Address Challenging Student Behavior

This session will focus on the impact of trauma for young people and how it influences behavior. Participants will take a deeper dive into the effects of stress and belonging on both behavior and the development of executive function and engage in strategies aligned with the science of learning and development to interact more effectively with students.

Dates: 3/9, 4/3, 5/1, 8/9 (4-5 p.m.) and 3/13, 3/15 (2-3 p.m.)

The Science of Relationship Building

All those who work with kids are being called to “be more relational” and to “build a meaningful relationship with every young person.” But what does this mean in practice? Is there a guide to building “meaningful relationships”? Can relationship skills be taught or do some individuals just have it naturally, while others don’t? New research shows that there are five core elements of relationships that accelerate social, emotional, and academic growth and that every adult can become relationally skilled.

Dates: 3/14, 4/12, 5/16, 8/15 (4-5 p.m.) and 3/20, 3/22 (2-3 p.m.)

Building Adult Resilience

Every year people who work with children and youth are faced with a range of unknowns, personally and professionally, and experience stress—these last two years are among the most stressful ever recorded. This session supports the development of adult resilience, self-compassion, and regulation skills in challenging moments as well as how to feel more calm and prepared every day before tough situations occur.

Dates: 3/1, 3/15, 4/6, 5/24, 8/16 (4-5 p.m.) and 3/6, 3/9 (2-3 p.m.)

Click here to register or scan QR code

