

Modern Schools fail to equip students with the life skills necessary to thrive or successfully attain their personal goals:

DPS has created aspirational 21st century goals; the Friendship School is an effective tool that can support the attainment of those goals.

"You must be present in life, for life to be present in you."

The Friendship School is a whole class, in school curriculum which makes space for introspective reflection while creating a bonding experience students and teachers.

The Friendship School is 21 days of guided personal reflection, a journey of beginning to discover "who are you, where are you going, and how will you get there". The purpose, to give students the space to dream big about the future, and then dissect that dream to see the roles education and healthy lifestyle play in their individual goals. The side effect of the program...improved reading and writing skill, in addition to planning, organizing, and reflection tools they can revisit and revise over their lifetime.

## **Adolescents Know Your Rights**

Learn Your Voice, Make an Informed Choice

About us

AKYR programs elevate autonomy, individual accountability, and knowledge of rights through personal reflection, development of research skills, and awareness of environmental effects. AKYR will strive to help youth self-advocate, think critically, in addition to love themselves and others better.

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