# **Steps for Career Conversations**



### **Understand Your Role**

Engage in career conversations to instill confidence and hope by introducing opportunities; recognize your own assumptions and biases.



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### Establish Trust & Introduce the Process

Promote self-efficacy, define relationship parameters and explain the purpose and direction.

### Focus on the Advisee

Explore their vision, values, and goals; understand constraints that will influence their choices.

# EXPLORE



### **Explore Interests & Aptitudes**

Identify and utilize tools and discuss results; uncover skills, strengths, and interests; recognize personality, work style, and work ethic.



### **Celebrate Success!**

A career brings new opportunities; repeat steps as needed to support lifelong learning & career development.



### **Encourage Action**

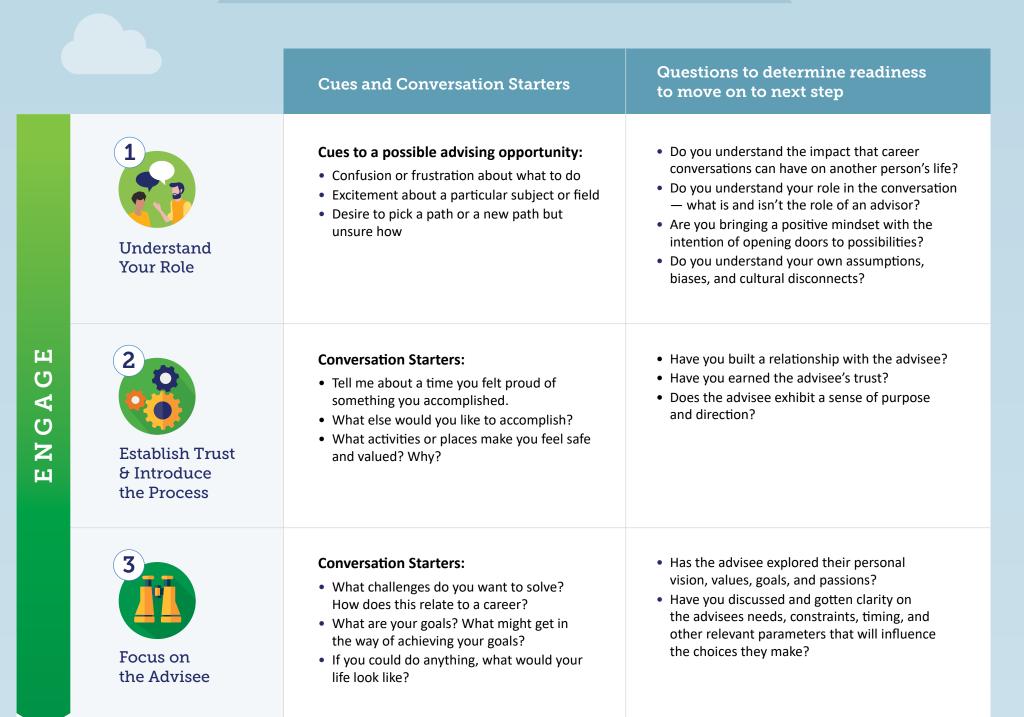
Define a course of action, help the advisee stay motivated; provide resources, support and accountability.

### **Envision the Future**

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Explore the relevant labor market, work environments, and activities to better understand pathways of interest; select a pathway.

# **Career Conversation Pathway**





Explore Interests & Aptitudes



Envision the Future



Encourage Action



Celebrate Success!

### **Conversation Starters:**

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- What would other people say are your strengths? What would you say?
- When thinking of your future, are there any skills you would like to further develop?
- How would you like to think and feel about your work?

Based on your exploration do you have

• How much does this pathway cost and

what is the return on that investment?

 What type of training will help you get the career you want? What qualifications are needed? Why will this be a good choice?

ideas about careers to explore?

## • Have you utilized tools to help the advisee uncover skills, strengths, and interests?

- Have you discussed the results of the tools? What has the advisee learned?
- How has this information reinforced or changed assumptions?
- Have research parameters been defined?
- Have you introduced the advisee to tools to research options that interest them?
- Has the advisee selected a pathway?

- **Conversation Starters:**
- Do you need help with the admissions process, looking into financing options, etc.?
- Would you be interested in learning some strategies for sticking to goals?
- As you think about your future career, which support people might help you?
- How might you test out 2-3 possible careers to experience what they would be like?

### Celebrate successes along the way.

Provide encouragement and accountability, while allowing the advisee to take the lead. Listen actively, engage with compassion, and recognize the importance and value of career conversations.

- What is the next step: Entrance into the workforce, additional education, or experience?
- Has a plan been developed to move toward the advisee's goal?
- Has the advisee learned how to utilize tools to research and evaluate opportunities?
- Has the advisee engaged in a job shadow, internship, apprenticeship or other experience that provides him or her with a lived experience of the potential pathway?



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