


Relationships that Fuel Human Development

Poudre High School Ambassadors Students Mentoring Students



2019 HIGH SCHOOL REDESIGN **ACCELERATOR**

 Colorado Education Initiative



PHS Ambassadors

- ▶ **At a Glance - Poudre High School**
 - Boundary Area equivalent to Rhode Island
 - 46% Free and Reduced Lunch
 - 13% of students have IEPs
 - 40% non-white
 - Full-school Pathways for grades 9/10
 - IB Diploma Program (70 Graduates annually)
 - PSD Newcomer Program site

Year at a Glance - March

▶ **Ambassadors Profile**

- 50 Juniors and Seniors
- Representative of Student Body

▶ **Recruiting/Selecting Ambassadors**

- Application
- Group Interview
- Individual Interview



Year at a Glance

Class Structure and Training

- 10 Credit Year-long Class - Elective Credit
- Meets 3/week at lunch (40 minutes)
- Ambassadors teach in Freshman Seminar 1/week (79 minutes) for 13 weeks
- Each Ambassador has 2 Freshman Seminars (alternating weeks)
- Ambassadors in Newcomer and Life Skills (ILS/SPED) classes



Year at a Glance - August

- ▶ **Ambassadors Retreat**
 - Team Building
 - Training for Relationship Building
 - What skills do we want Ambassadors to develop? How do we raise leaders?
 - What skills do we want Freshmen to develop?





Student Reflection - Blake

► Story from the Retreat

Year at a Glance - August



Ubuntu Leaders

- Collaboration with other PHS leadership groups
- 2 days
 - Team Building
 - Decorating the building
 - Freshman Day Training



Year at a Glance - September to April

► Weekly Lessons

- Self-Advocacy/Community Building
- Self-Awareness
- Awareness and Acceptance
- Goal Setting
- Sexual Assault Prevention
- Values
- Mental Health/Suicide Prevention
- Perceptions
- Teen Dating Violence Prevention
- Diversity
- Stress Management
- 2 Ambassadors Created Lessons





Student Reflection - Rabi

▶ Story from Ambassadors

Year at a Glance - Training Opportunities

▶ Training Opportunities

- SAVA - Sexual Assault Training
- Crossroads - Teen Dating Violence Training
- Sources of Strength
- Peer Summit - collaboration with all PSD Peer Programs
- Leadership Lock-In





Student Reflection - Lytzy

- ▶ **Story from Trainings, Middle School Outreach and Spanish-speaking Outreach**

Year at a Glance - Freshmen Connections

► Opportunities for Relationships

- Pathway Showdown
- Club Rush
- Freshman February
- Gaga Ball Club
- Yo Yo Oreo Days






Student Reflection - Whitney

- ▶ Story from Freshman Seminar of Mentoring



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