



Honey, I Empowered the Kids

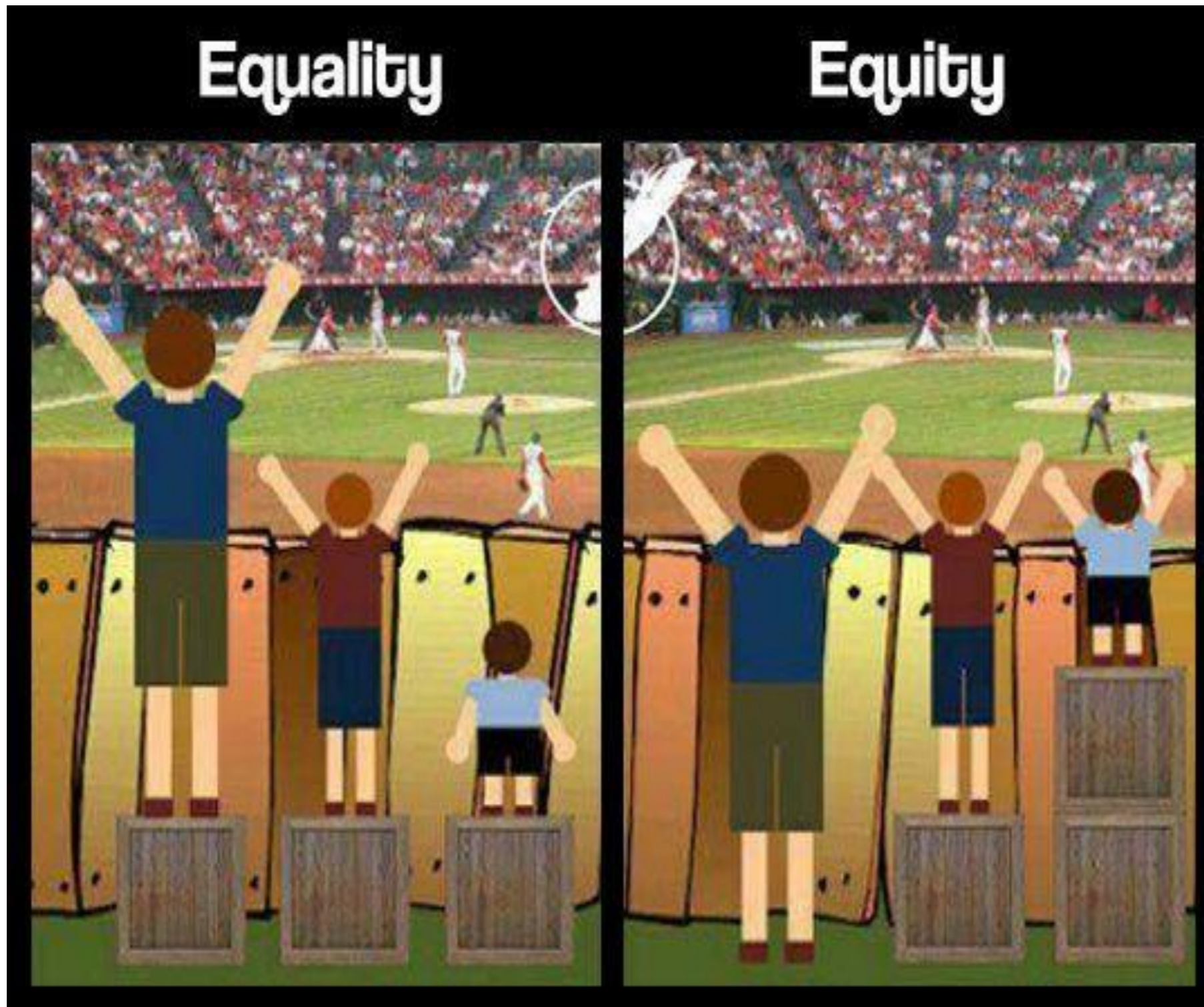
Activity 30 Seconds







Equity vs Equality: What's the Difference?



Research and data show that:

Health disparities (differences in health) exist amongst:

people of different races/ethnicities

people of different ages

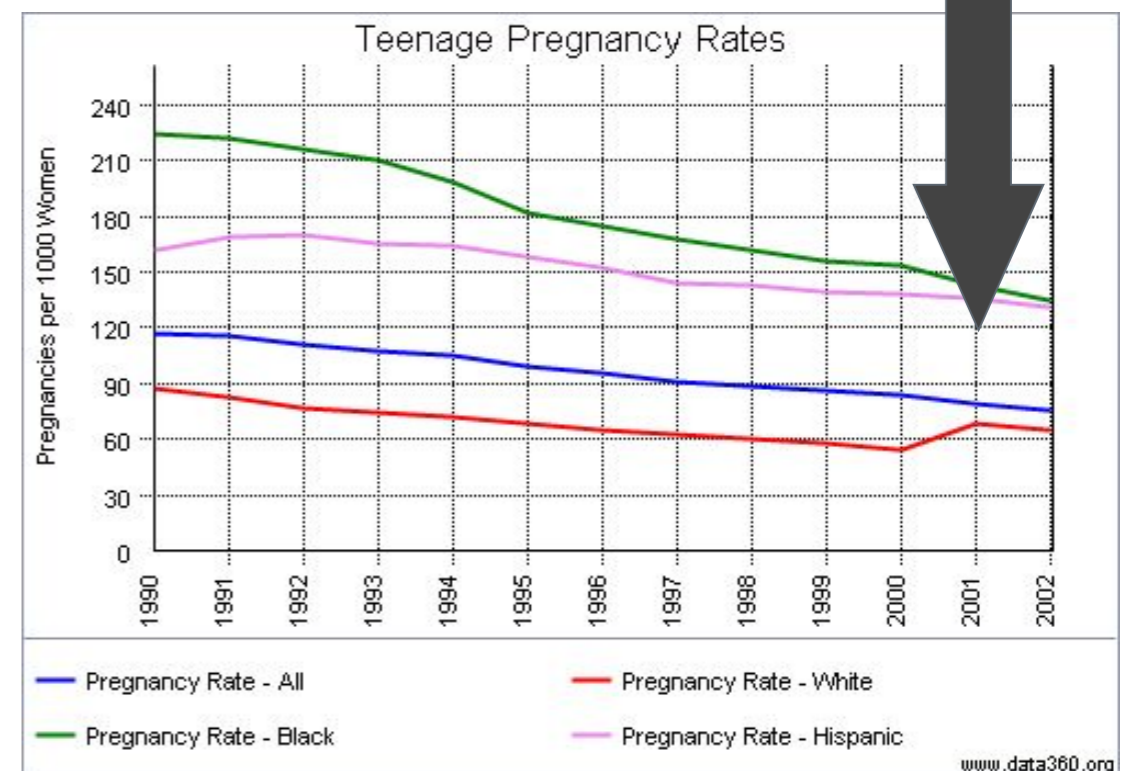
people of different sexual orientations

people of different genders

people of different abilities

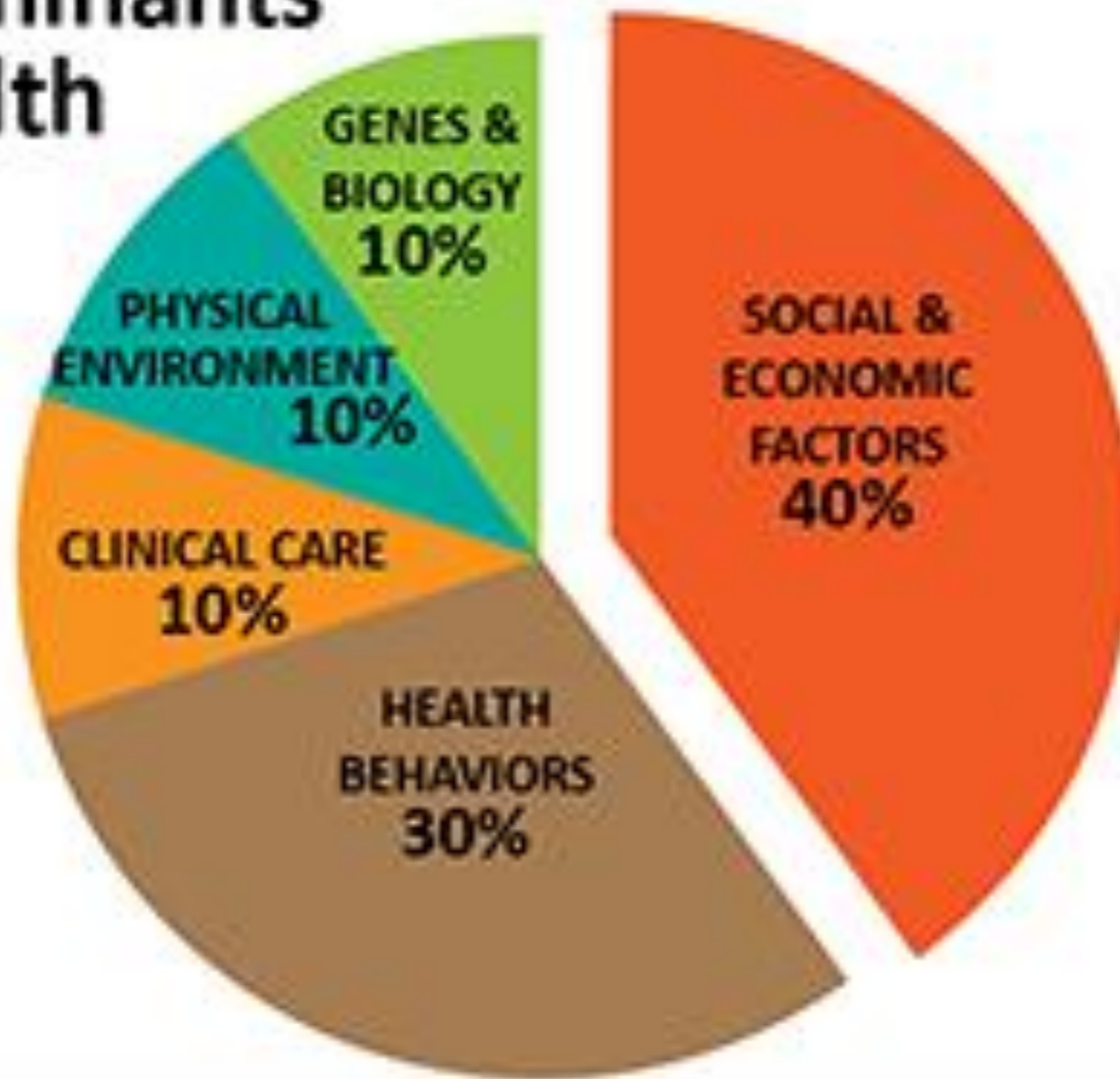
people of different regions

among others...



Why?

Determinants of health



Colorado's Definition of Health Equity

Health equity is when all people, *regardless of who they are or what they believe*, have the opportunity to attain their full health potential. Achieving health equity requires valuing all people equally with focused and ongoing efforts to address inequalities.



Your Work and Health Equity

The work that you all are doing is helping to achieve health equity by doing two things...

Increasing opportunities
reducing barriers

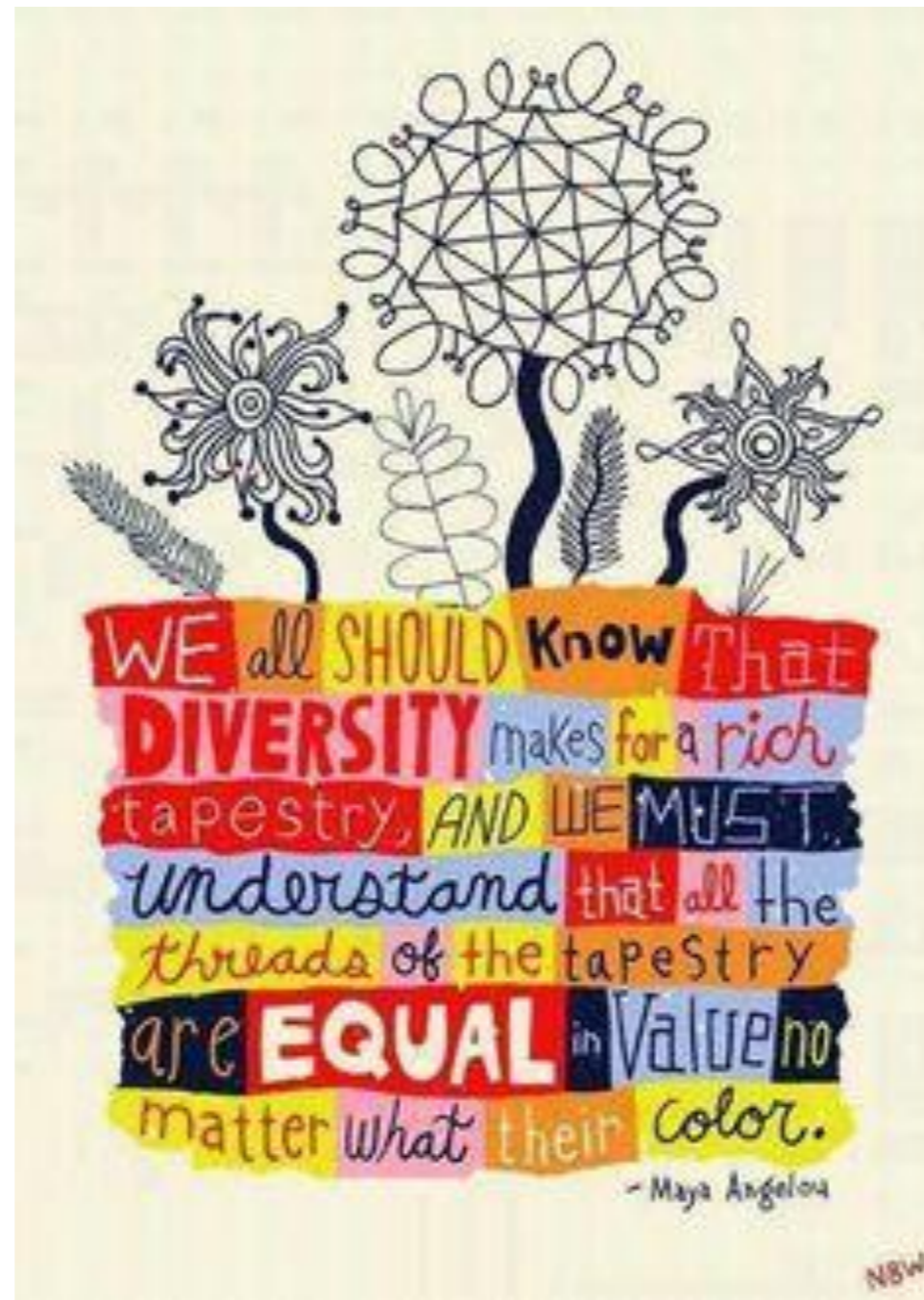


Community not just data



@bestproadvice
According to National Geographic, this is what the average American will look like in the year 2050.





PYD & Change

“If adults push back against these natural changes, rejecting adolescents as they reject us, the result can be the shutting down of all communication between generations.”

Daniel Siegel, M.D. Brainstorm pg. 95



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Where is your heart?

“At the heart of the youth-engagement strategies (more broadly Positive Youth Development) is the climate and culture of the learning environment and the values that shape it – the underlying beliefs, assumptions, and expectations about young people”

APPROACH MATTERS

Citation found: <http://www.smarteducationsystems.org/sites/default/files/product/230/files/VUE8.pdf#page=14>

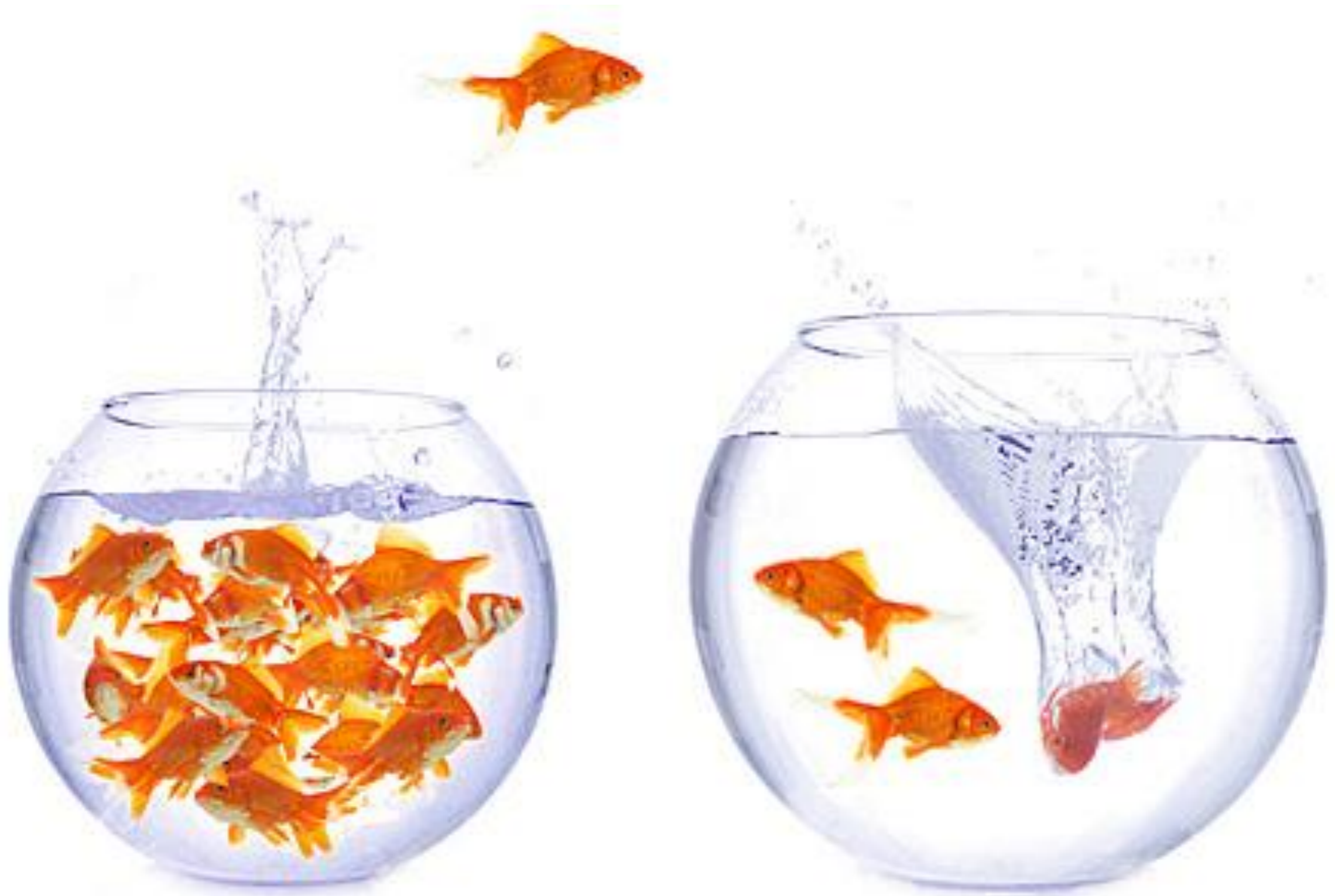


Ageism

Now normally ageism is thought about as prejudice or discrimination against the elderly but let's expand it to mean prejudice or discrimination against a particular age group.



JK we Love y'all



PYD in Theory (this is the *why* we do it)

Theory:



PYD in Practice (this is the *what we do*)

Practice:



#1 - Skills



#2 - Opportunities

to practice and be engaged in utilizing their skills



Authentic Relationships

with supportive, caring and engaged adults



5 Principles (this is the *how* we do what we do)

1. Strengths-based
2. Inclusive
3. Collaborative
4. Sustainable
5. Engages Youth as Partners





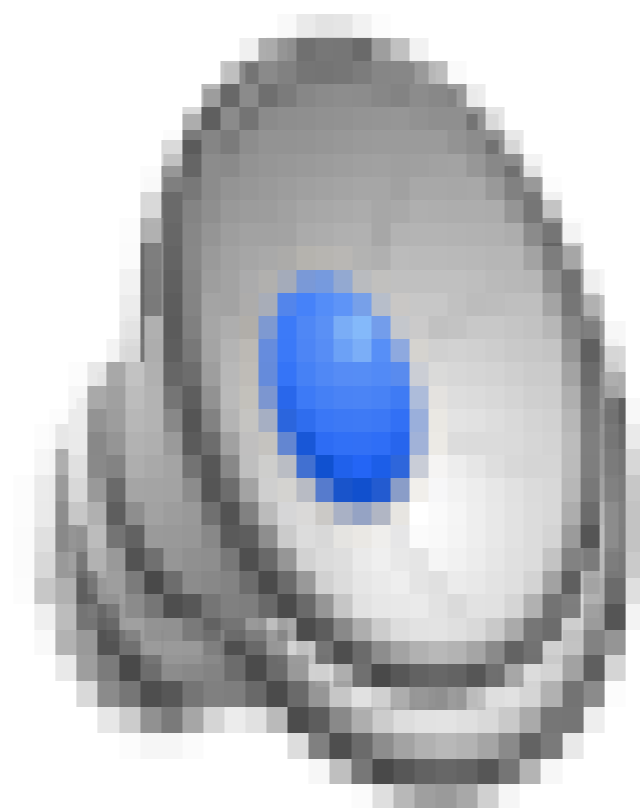
Strengths-based





Inclusive





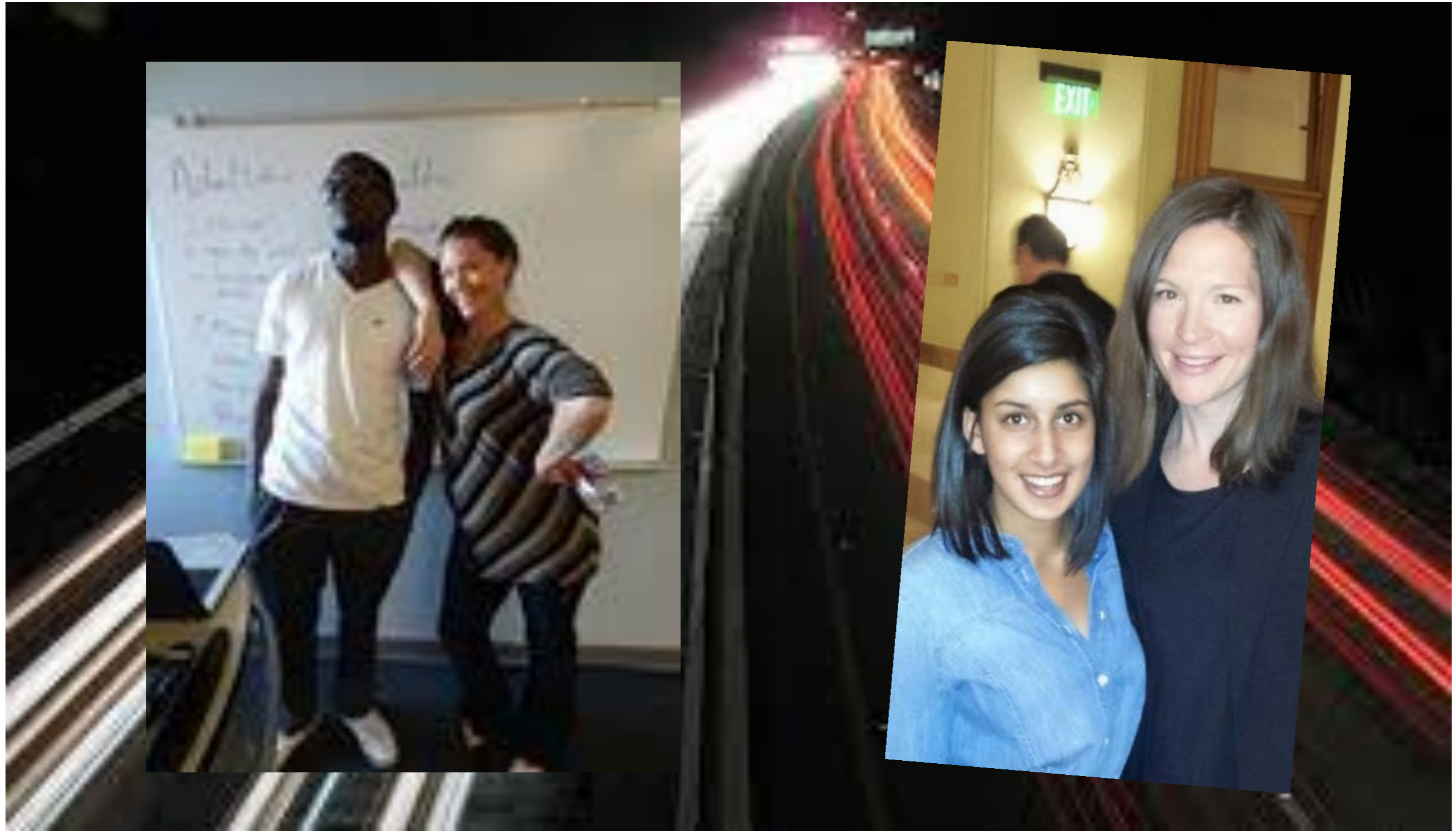
Collaborative



Sustainable



Engages Youth as Partners



Where are you in your commitment to *sharing power*



Colorado's Youth Engagement Continuum

Increasing Level of Community Involvement, Impact, Trust and Communication Flow



Increasing Ownership, Empowerment, Skills, Opportunities and Supports of Both Staff and Community

Please note: Each level has value.

<i>Participation</i>		<i>Engagement</i>		<i>Partnership</i>
<i>Outreach/Service</i>	<i>Consult</i>	<i>Involve</i>	<i>Collaborate</i>	<i>Share Leadership</i>
Communication flows from the program or initiative to inform and/or serve young people.	Young people provide one-time or periodic feedback.	Communication flows both ways and young people provide ongoing participation.	Young people influence decision-making.	Young people share power and responsibility with adults in making decisions together.
Outcome: To establish communication and outreach channels, while sharing information and providing services to young people.	Outcome: To develop connections and learn about the needs, interests and perspectives of young people.	Outcome: To initiate partnership and increased cooperation between young people and adults.	Outcome: Increased trust and partnership-building.	Outcome: A strong partnership between young people and adults with bidirectional trust that affects broader community health outcomes.

(Adapted from CDC's Report "Principles of Community Engagement: Concepts and Definitions from the Literature and Wang, N. T., Zimmerman, M. A., & Parker, E. A. (2010). A typology of youth participation and empowerment for child and adolescent health promotion. American Journal of Community Psychology, 46, 100-114.)



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Getting Ready: A Few Things to Think About

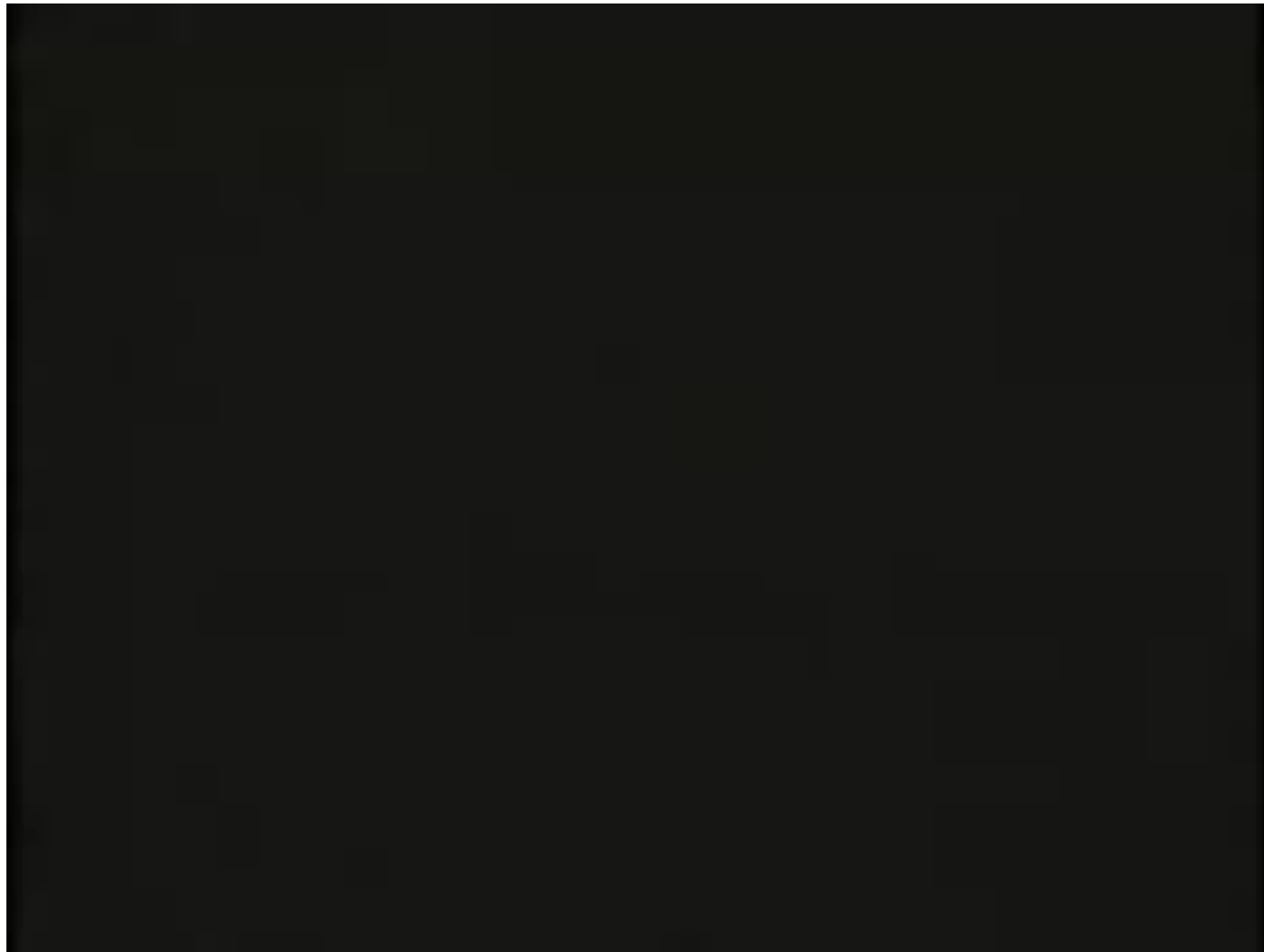
We need to ask ourselves:

- How do we prepare this environment to:
 - receive youth and young adults to ensure they are showing up as competent and confident leaders

- In a space that is:
 - engaging (of their minds/hearts/interests),
 - supportive (of their experiences/ideas)
 - and yet challenging to them (as to promote and develop their critical thinking skills, professional abilities and perception of themselves and their abilities)



One final thought - almost :)



Contact Us!

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