

Step 1: Identify the Situation When a Decision Needs to be Made

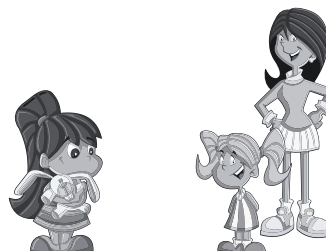
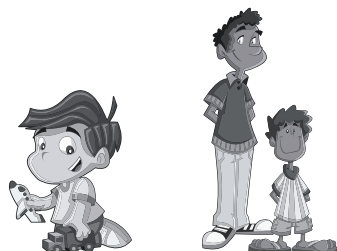
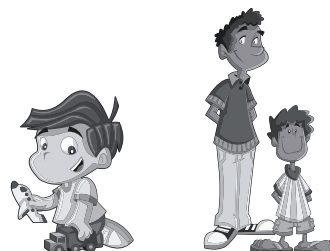
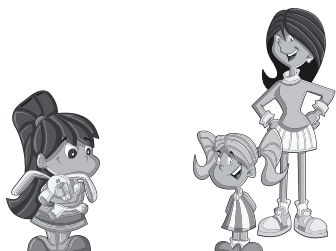
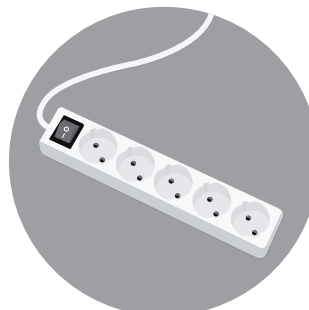
Wash Hands	Don't Wash Hands

Directions: Brainstorm with students different activities they do throughout the day. Students then draw one of their favorite activities. Next, they place their drawing in the appropriate place on the chart after asking them whether the activity requires them to wash their hands or not.

Step 2: Determine if help is needed to make the decision

Name: _____

Look at the top picture. If this is a decision you can make by yourself, circle the child. If this decision needs to have the help of a trusted adult, then circle in the child and the parent.



Name: _____

Make a Healthy Decision

What decision do you need to make? _____

Do you need help to make a good decision? YES NO

If you need help, who can help you?

What are you going to do? (Make a decision.)

Describe the outcome. How did your decision turn out?

