



## COLORADO FRAMEWORK FOR SCHOOL BEHAVIORAL HEALTH SERVICES ADDITIONAL RESOURCES

In addition to the tools accompanying the *Framework*, a wealth of resources exists to help districts and schools improve their school behavioral health systems. Here are a few to help get your district and/or school started.

**Adverse Childhood Experiences (ACEs) Study:** The ACEs study has shed powerful light on the implications of childhood maltreatment and health outcomes later in life. Schools in Washington State and Massachusetts are using the study to create trauma-sensitive classrooms. Read about the study here: <http://www.cdc.gov/ace/>.

**Behavioral Health and School Improvement Planning:** Integrating behavioral health into school systems requires careful planning that includes school behavioral health goals in the school improvement planning processes. For a great comprehensive resource with recommendations about improving systems' practices around behavioral health visit <http://smhp.psych.ucla.edu/pdfdocs/schoolimprovement/whatsmissing.pdf>.

**Blending and Braiding Funding for Systems of Care:** Visit Spark Policy Institute's website for a guide to blending and braiding funding for strategies for innovative financing of prevention, intervention, and treatment services for children and youth at <http://www.sparkpolicy.com/links/documents/RevisedCrossSystemsFinancingPaper4-8-09.pdf>.

- For a condensed definition of blending and braiding funding visit <http://www.sparkpolicy.com/blendandbraid.htm>.

**Colorado School Safety Resource Center Basic Mental Health Awareness for Educators:** The Colorado School Safety Resource Center (CSSRC) offers a free online course for educators to become more aware about mental health issues facing students along with applicable classroom strategies that educators can use to better work with students who face behavioral health challenges. The course covers:

- Six common groups of disorders that may affect children and youth
- Signs and symptoms students may exhibit
- Behaviors educators may see in the classroom
- Some strategies to assist educators working with students who face behavioral health challenges
- When and to whom you should report your concerns in your district
- Available resources

For more information, visit <http://www.colorado.gov/cs/Satellite/CDPS-SafeSchools/CBON/1251621089752>.

**Crisis Response Plans:** Access the following resource to establish a crisis response protocol <http://smhp.psych.ucla.edu/pdfdocs/crisis/crisis.pdf>.

**Cultural Competency:** A major disparity exists in mental health care for minorities. For further reading and resources about cultural competency in mental health visit:

- The National Culturally and Linguistically Appropriate Services (CLAS) Standards in Health Care at <http://minorityhealth.hhs.gov/templates/browse.aspx?lvl=2&lvlID=15>
- The Multicultural Action Center by the National Alliance on Mental Illness (NAMI) at [http://www.nami.org/Template.cfm?Section=Cultural\\_Compotence&Template=/ContentManagement/ContentDisplay.cfm&ContentID=21588](http://www.nami.org/Template.cfm?Section=Cultural_Compotence&Template=/ContentManagement/ContentDisplay.cfm&ContentID=21588)
- Cultural Competence Keys for Success by the National Alliance on Mental Illness (NAMI) at [http://www.nami.org/Template.cfm?Section=Fact\\_Sheets1&Template=/ContentManagement/ContentDisplay.cfm&ContentID=61293](http://www.nami.org/Template.cfm?Section=Fact_Sheets1&Template=/ContentManagement/ContentDisplay.cfm&ContentID=61293)

**Early Childhood:** The Framework should be linked to early childhood resources in Colorado. The Colorado Department of Education (CDE) has multiple resources to help local education providers navigate school readiness as mandated in Senate Bill 08-212, Colorado’s Achievement Plan for Kids. Learn more here: <http://www.cde.state.co.us/schoolreadiness>.

- For a link to an environmental scan of early childhood mental health in Colorado visit <http://www.rcfdenver.org/reports/EarlyChildhoodMentalHealthinColoradoFullReport2013.pdf>.
- In addition, an early childhood navigation guide provides information about available programs/initiatives/services for social-emotional development. Visit the guide here: <http://www.ucdenver.edu/academics/colleges/medicalschool/programs/JFKPartners/products/Pages/navguide-intro.aspx>.

**Family Partnering:** To learn more about how to partner with families, visit the following link from CDE for a comprehensive toolkit: <http://www.cde.state.co.us/rti/familycommunitytoolkit>.

**Family Advocate Toolkit:** A family advocate is a parent or primary care giver who: has been trained in a System of Care approach to assist families in accessing and receiving services and supports; has raised or cared for a child or adolescent with a mental health or co-occurring disorder; and has worked with multiple agencies and providers, such as mental health, physical health, substance abuse, juvenile justice, developmental disabilities, education, and other state and local service systems. Access the Family Advocate Toolkit here: <http://toolkit.coloradofederation.org/family-advocate-tool/what-is-a-family-advocate/what-is-a-family-advocate/>.

**Mental Health First Aid (MHFA) Youth Curriculum:** MHFA Youth Curriculum focuses on supporting youth ages 12-18. The curriculum helps adults who work with or care for adolescents acquire the skills needed to recognize the early signs of mental illness, identify potential mental health-related crises, and assist adolescents to get the help they need as early as possible. Learn more at <http://www.mhfaco.org/news/mental-health-first-aid-youth-curriculum/>.

**Preventing Suicide, A Toolkit for Educators:** Visit <http://store.samhsa.gov/product/Preventing-Suicide-A-Toolkit-for-High-Schools/SMA12-4669> for a free toolkit for high school leaders to prevent suicide and promote behavioral health.

**Promote Student Mental Health:** Learn about three steps to promote the positive development of students’ mental health and prevent challenges related to mental health in your school and community. Visit <http://3boldsteps.promoteprevent.org/> to learn more.

**The Substance Abuse and Mental Health Services Administration’s (SAMHSA) National Registry of Evidence-Based Programs and Practices:** The National Registry of Evidence-Based Programs and Practices is a comprehensive list of over 300 evidence-based programs and interventions for supporting mental health promotion, substance abuse prevention, and mental health and substance abuse treatment. To find strategies specifically related to trauma, visit the registry at <http://www.nrepp.samhsa.gov/SearchResultsNew.aspx?s=b&q=trauma>.